



Kids' Kingdom

Infant/Toddler

December Newsletter Happy holidays to all! For the month of December, we will be focusing on the color green and identifying rectangles in our environment. Our goals for this month will include self dressing, sorting objects and using manipulatives while learning our colors. Our teachers will encourage the children with their self dressing skills and help them in appropriately sorting various manipulatives by color.

The themes for this month include Hanukkah, celebrations around the world, Christmas and New Years. Some projects we have planned include sensory activities, such as gluing different textured materials and exploring with snow (weather permitting). For our fine motor goal, we will be doing things such as tearing tissue paper, playing with play-doh and building with manipulatives. Our gross motor goal will include activities such as throwing a bean bag and jumping to music.

We will be doing crafts with the children for Kwanzaa, Christmas and Hanukkah. It will be a delight to see when they are completed.

**** Just a reminder.... Kids' Kingdom will be closing at 1:00 PM on Christmas Eve Dec 24th & on Dec 31st New Years Eve. Please be prompt in picking up your child. Thank you and have a wonderful holiday.**

**** On Christmas December 25th and New Year's Day January 1st Kid's Kingdom will be CLOSED**

We want to wish you and your family peace and happiness for this holiday season.

Parent Tip-Sleep is just as important to your children's development and well-being as nutrition and physical activity. The amount and quality of sleep we have can affect our safety, how alert we are, as well as our memories, moods, behavior, and learning abilities. Establishing good sleep practices while your children are young will not only benefit you, but it will help them for many years to come.

Age	Recommended Sleep Hours per a 24 hour period
4-12 months	12 to 16 hours (including naps)
1 to 2 years old	11 to 14 hours (including naps)